

# 2024 Farm Safety Calendar

## JULY - Feelin' the heat - Stay safe in the sun



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>DID YOU KNOW?</b> July is National Park and Recreation Month, BIPOC Mental Health Month, and UV Safety Awareness Month</p>	1	2	<p>3 NATIONAL STAY OUT OF THE SUN DAY</p>	4	<p>5  FARM SAFETY CHECK: HEAT ILLNESS</p>	6
7	8	<p>9 COW APPRECIATION DAY</p>	10	11	<p>12  FARM SAFETY CHECK: SUN SAFETY</p>	13
14	<p>15 PROTECT WORKERS FROM HEAT STRESS CDC/NIOSH</p>	16	<p>17 North American MANUREXPO Professionalism in Nutrient Management</p>	<p>18 AgriSafe Network Protecting the People Who Feed the World QPR FOR FARMERS AND FARM FAMILIES 12:00 - 1:30 Central</p>	<p>19  SUN SAFETY: SUNSCREEN DO'S AND DON'TS</p>	<p>20 ND STATE FAIR JULY 19-27</p>
<p>21 NATIONAL ICE CREAM DAY</p>	22	23	<p>24 INTERNATIONAL SELF CARE DAY</p>	25	<p>26  VIDEO PLAYLIST: HEAT ILLNESS TRAINING English and Spanish</p>	27
<p>28 ASABE</p>	29	<p>30 INTERNATIONAL DAY OF FRIENDSHIP</p>	<p>31 MINNESOTA FARMFEST UMASH WELLNESS PAVILION AUGUST 6-8</p>	<p><b>THIS MONTH:</b> With summer in full swing, the heat is on - and so is the potential for getting overheated in the sun. Too much sun can do more than just make you sick - it can cause skin damage and increase your likelihood of getting skin cancer. Wearing and reapplying screen, staying hydrated, taking breaks in cool areas, and knowing the signs of heat stress can help you, your workers and your family <b>stay safe in the sun.</b></p>		
<p>ASABE 2024 - July 28-31, Anaheim, California</p>						