Staying Safe During an Avian Influenza Outbreak

Human infections with avian influenza are rare, but possible, mainly through direct contact with sick poultry.

PROTECT YOUR FLOCK

Be prepared by using biosecurity practices to prevent avian influenza in your flock.

- Avoid attracting wild birds and waterfowl to your home.
- Keep feed contained and enclose outdoor feeding areas.
- Keep visitors to a minimum.
- Limit travel with birds to sales and shows.
- Wear routine protective gear, including coop-specific clothing, rubber boots, and work gloves.
- Wash hands before and after coming in contact with poultry.
- Look for signs of illness.

IF WORKING WITH SICK POULTRY

Protect yourself by wearing the proper personal protective equipment (PPE).

- **Head protection**
  - disposable headcover or hair cover
- **Respirators**
  - minimum protection is a NIOSH-approved N95 disposable respirator
- **Eye protection**
  - unvented goggles or full facepiece respirator
- **Gloves**
  - disposable nitrile or neoprene gloves that can be disinfected
- **Protective clothes**
  - disposable coveralls or coveralls that can be disinfected
- **Foot protection**
  - disposable coverings or boots that can be disinfected

For more information: umash.umn.edu/avianflu