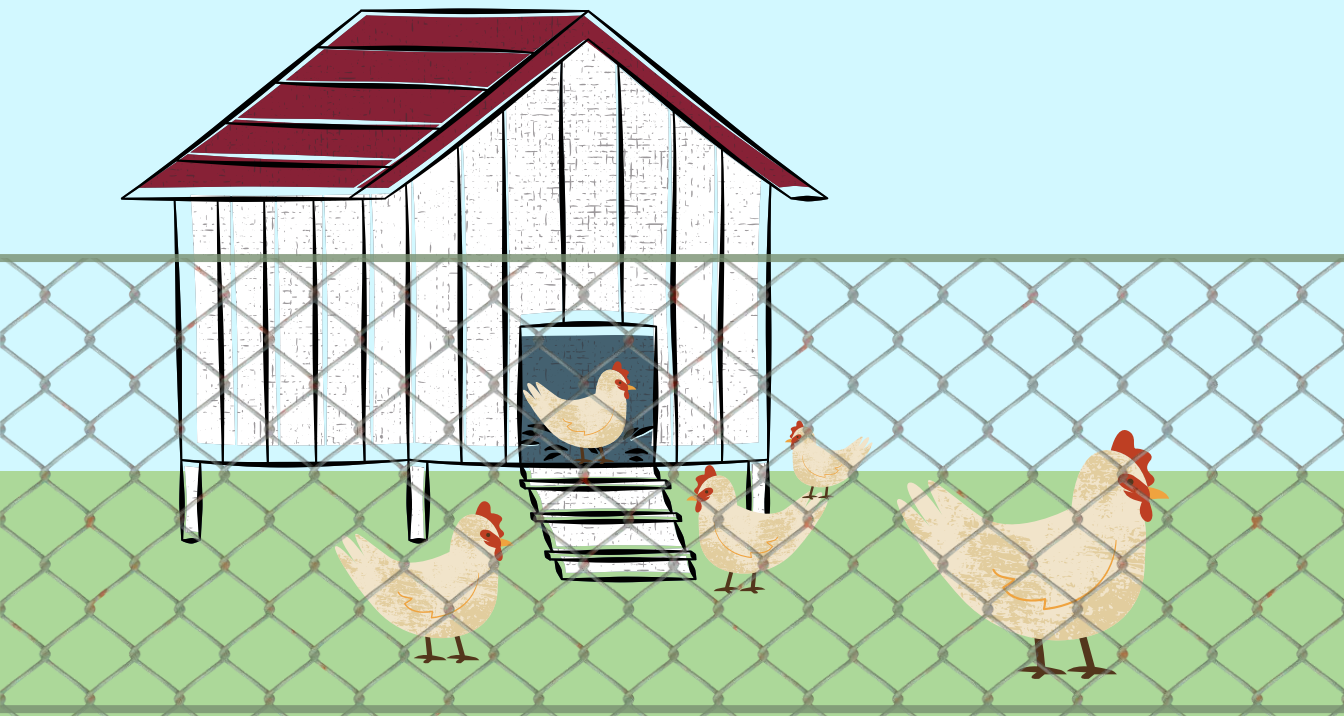


# Staying Safe During an Avian Influenza Outbreak

Human infections with avian influenza are rare, but possible, mainly through direct contact with sick poultry.

## PROTECT YOUR FLOCK

Be prepared by using biosecurity practices to prevent avian influenza in your flock.



- ✓ Avoid attracting wild birds and waterfowl to your home.
- ✓ Keep feed contained and enclose outdoor feeding areas.
- ✓ Keep visitors to a minimum.
- ✓ Limit travel with birds to sales and shows
- ✓ Wear routine protective gear, including coop-specific clothing, rubber boots, and work gloves
- ✓ Wash hands before and after coming in contact with poultry.
- ✓ Look for signs of illness.

## IF WORKING WITH SICK POULTRY

Protect yourself by wearing the proper personal protective equipment (PPE).

- ✓ **Head protection**  
disposable headcover  
or hair cover

- ✓ **Eye protection**  
unvented goggles or full  
facepiece respirator

- ✓ **Gloves**  
disposable nitrile or  
neoprene gloves that can  
be disinfected

- ✓ **Respirators**  
minimum protection is a NIOSH-  
approved N95 disposable respirator

- ✓ **Protective clothes**  
disposable coveralls or coveralls  
that can be disinfected

- ✓ **Foot protection**  
disposable coverings or boots  
that can be disinfected

