

# BEFORE AND DURING A TASK...



**STOP**

**WHAT COULD GO WRONG?  
HOW BAD COULD IT BE?  
HAS ANYTHING CHANGED?**



**THINK**

**DO I CLEARLY UNDERSTAND THE TASK?  
AM I PHYSICALLY AND MENTALLY READY?  
DO I HAVE THE RIGHT TOOLS?**



**ACT**

**MAKE IT SAFE!  
USE THE RIGHT TOOLS!  
FOLLOW THE PROPER PROCEDURES!  
REDUCE RISKS!**

## STOP IF IT CAN'T BE DONE SAFELY!

for more resources visit: [umash.umn.edu](http://umash.umn.edu)



The Upper Midwest Agricultural Safety and Health Center is funded by the National Institute for Occupational Safety and Health cooperative agreement U54OH010170 (2011-2021)