

# HARVESTING SAFETY & HEALTH KNOWLEDGE

Agricultural Safety and Health Training to Prevent Incidents



## Top Tips for Agricultural Workplace Safety

### 1. Protect Your Body!

Wear the correct Personal Protective Equipment (PPE) for every task. But don't forget to also apply sunscreen, wear proper clothing for cold or hot weather, and stay hydrated every day. According to the CDC, over 70k people are diagnosed annually with skin cancer in the US.

### 2. Get your ROPS!

Make sure all tractors you operate are properly outfitted with Rollover Protective Structures (ROPS). According to the CDC, the leading cause of farm-related deaths are tractor rollovers.

### 3. Be aware of the special hazards of agricultural work!

Most workers don't have to worry about unpredictable animals, zoonotic diseases, large farm machinery, grain bins, pesticides, and the other stresses of working in agriculture, but we do. Tractors, grain bins, and livestock present some of the greatest risks. These risks can be mitigated by taking extra precaution, such as staying calm and practicing good stockmanship around animals.

### 4. Watch your feet!

Across all industries (not just agriculture), slips, trips, and falls are some of the leading causes of injury.

### 5. Remember YOU are your best advocate!

Start your day safe and stay safe by being aware of your surroundings and speaking up when you feel unsafe.



## Online Resources for Adult and Youth Ag Safety

[umash.umn.edu](http://umash.umn.edu)

[www.youtube.com/user/USagCenters/videos](http://www.youtube.com/user/USagCenters/videos)

[www.careersafeonline.com](http://www.careersafeonline.com)

[www.extension.org](http://www.extension.org)'s  
Safety in Agriculture for Youth Clearinghouse

[www.extension.org](http://www.extension.org)'s  
Ag Safety and Health Webpage

[www.farmsafetyforjustkids.org](http://www.farmsafetyforjustkids.org)

### Text Sources

1 and 2: <http://www.cdc.gov/niosh/topics/aginjury/>

3: <http://www.cdc.gov/niosh/nora/comment/agendas/AgForFish/pdfs/AgForFishDec2008.pdf>

4: [www.bls.gov/news.release/pdf/osh2.pdf](http://www.bls.gov/news.release/pdf/osh2.pdf)

and <http://www.bls.gov/news.release/osh2.t01.htm>

5: [www.careersafeonline.com/](http://www.careersafeonline.com/)

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