

Personal Protective Equipment (PPE)

**Wearing PPE is important to protect you from chemical exposure.
Remember to read the label on the container or ask someone to help you.**

A **Hat** keeps spray, mist, or dust from getting on your skin or hair.

A **Mask** is to make sure you don't breathe in any chemicals. Wear a mask that has two straps and is supposed to be used for chemical sprays and mists.

Protective **eyewear** keeps chemical mists or sprays from getting in your eyes. These are special glasses that cover your entire eye area.

Gloves help protect against chemicals getting on you hands and into your body. The best gloves to use are 15 mil thick Nitrile gloves.

An **Apron** protects your clothes. Chemicals on clothing can get on your skin and go into your body. Keeping chemicals off your clothing also protects your family. Other people can get chemicals on them from your clothes.

Long pants and long sleeves protect your arms and legs. Make sure you don't wash these clothes with the rest of the family laundry.

Boots or closed-toe shoes protect your feet.

