Have fun on the farm and stay healthy!

Even healthy, well cared for animals can have germs that can make people sick.

Keep food and drinks out of animal areas
This includes bottles, sippy cups, and pacifiers
You don't want to get germs on them

Wash your hands with soap and water
Wash hands after visiting the animals and before eating
Don't just use hand sanitizer. It doesn't work against all germs

Don’t touch your mouth
That’s how germs get in your body and make you sick

Wear appropriate clothing and shoes
Such as sturdy shoes and clothes you can get dirty
When you get home, change your clothes and shoes and wash them

Don’t touch the farm equipment
Farm equipment can be dangerous
Stay with your group

If you are pregnant, under age 5, over age 65, or have a compromised immune system, you are at higher risk for more serious infections.

Minnesota Department of Health
Zoonotic Diseases Unit
651-201-5414 or 1-877-676-5414
www.health.state.mn.us

See you soon!