

## KEEP CALM AND MOVE COWS

HAVE PATIENCE! THE COW IS ALWAYS RIGHT.

Cows move consistently and predictably. Know what signals your movement is giving her.



Training videos, fact sheets, posters, and more safety resources umash.umn.edu/calm



The Upper Midwest Agricultural Safety and Health Center (UMASH) is funded by the National Institute of Occupational Safety and Health (NIOSH), cooperative agreement U54 OH010170.