



FARM SAFETY CHECK

TICK-BORNE DISEASE SAFETY CHECKLIST

Tick-borne disease is a serious health-concern across the Upper Midwest, particularly for anyone working outdoors. Farmers might be more likely to walk through tall grass, thick brush, and wooded areas that ticks thrive in. Taking precautionary and preventive steps during tick season can help you avoid tick-borne diseases, but knowing signs and symptoms is important as well.

You and/or your employee(s) can use this form to complete safety checks on your farm. Use the form below to list additional safety checks you think are important when inspecting your farm. Keep the completed forms for follow-up, future reference and inspections. Additional copies of this form can be downloaded at:

<http://umash.umn.edu/umash-farm-safety-check/>

Potential Hazard	Yes	Needs Correction	Date Corrected or Notes
Do you work in areas where ticks are common? These include areas of brush, wooded areas, and tall grasses.	<input type="checkbox"/>	<input type="checkbox"/>	
Are you doing daily tick checks? Use a mirror to look at all parts of your body (armpits, behind ears, groin, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	
Are you familiar with conditions that ticks prefer for habitat?	<input type="checkbox"/>	<input type="checkbox"/>	
Do you use best practices for removing a tick? (Use a tweezers to grab it by its mouthparts, pull straight off, clean area, note symptoms after)	<input type="checkbox"/>	<input type="checkbox"/>	
Are you wearing protective clothing? Wearing long sleeves, long pants, and long socks helps keep ticks off skin.	<input type="checkbox"/>	<input type="checkbox"/>	
Have you considered treating a set of clothing with permethrin? Permethrin kills ticks on contact and will last several washings but should not be used on skin	<input type="checkbox"/>	<input type="checkbox"/>	
Have you washed or dried clothing on high heat following working in an area where ticks are common?	<input type="checkbox"/>	<input type="checkbox"/>	
Are you familiar with types of ticks in your region and how to identify them?	<input type="checkbox"/>	<input type="checkbox"/>	
Are you wearing light colored clothing when working in tick territory? They are easier to spot.	<input type="checkbox"/>	<input type="checkbox"/>	
Are you using a tick-specific EPA-approved repellent on skin that is exposed?	<input type="checkbox"/>	<input type="checkbox"/>	

Name of person completing safety check: _____ Date completed: ____/____/____

SEE THE NEXT PAGE FOR ADDITIONAL RESOURCES



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Additional Hazards	Yes	Needs Correction	Date Corrected or Notes
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	

ADDITIONAL RESOURCES

Ticks- Tick-borne Diseases

Minnesota Department of Health

<https://www.health.state.mn.us/diseases/tickborne/ticks.html>

Ticks and Tick-borne Diseases in Iowa

Iowa State Extension

<https://store.extension.iastate.edu/product/Ticks-and-Tick-borne-Diseases-in-Iowa>

Talking tick season with UMN

University of Minnesota

<https://twin-cities.umn.edu/news-events/talking-tick-season-umn>

Lyme Disease

Marshfield Clinic Research

<https://marshfieldresearch.org/nfmc/lyme-disease>

Tick Talk / Sobre Garrapatas

National Institute on Health

<https://newsinhealth.nih.gov/2014/05/tick-talk> / <https://salud.nih.gov/articulo/sobre-garrapatas/>

Tickborne Diseases

North Dakota Department of Health

<https://www.ndhealth.gov/disease/Tickborne/Education/default.htm>

The facts and information provided are suggestions for your safety, but are in no way a comprehensive and exhaustive list of all actions needed to insure your safety, and are not an endorsement of any products mentioned.

For additional Farm Safety Check topics and resources, visit: <http://umash.umn.edu/umash-farm-safety-check/>

To receive Farm Safety Check topics via email, join the UMASH email list at <http://umash.umn.edu/join-our-email-list>

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