

# Staying healthy when the farm comes to you!



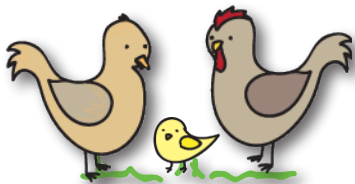
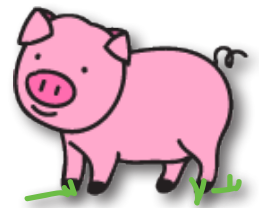
## Even healthy, well cared for animals can carry germs that can make people sick

If the farm's coming to you, follow these simple tips to stay healthy. Children under 5 years of age do not have fully formed immune systems and therefore should not have direct contact with higher risk animals such as calves, goats, chicks, ducklings, reptiles, or amphibians.



### Keep food and drinks away from visiting animals

This includes water bottles, sippy cups, and pacifiers. You don't want to get germs on them.



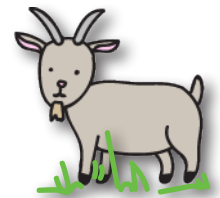
### Don't touch your mouth

That's how germs get in your body and make you sick.



### Wash your hands

Wash hands with soap and water after visiting the animals and before eating. Don't rely on hand sanitizer. It doesn't work against all germs.



### Wear the right gear

Wear closed-toe shoes and clothes you can get dirty. When you get home remove your shoes. Change your clothes and wash them.

