

## HEARING PROTECTION SAFETY CHECKLIST

Can you hear me now? Hearing loss is permanent and irreversible. October is National Protect Your Hearing Month, and it's also a time of year farmers are working around combines, dryers, augers, and other equipment with high noise levels that harm hearing without proper protection. Prevent hearing loss with Farm Safety Check.

You and/or your employee(s) can use this form to complete safety checks on your farm. Use the second page of the form to list additional safety checks you think are important when inspecting your farm. Keep the completed forms for follow-up, future reference and inspections. Additional copies of this form can be downloaded at: <a href="http://umash.umn.edu/umash-farm-safety-check/">http://umash.umn.edu/umash-farm-safety-check/</a>

Potential Hazard	Yes	Needs Correction	Date Corrected or Notes
Are you using job-appropriate hearing protection? Match protection to decibel levels of exposure.			
Are you using hearing protection sized/fitted for your body?			
Are you inserting foam protection with clean hands?			
Are you inserting/placing PPE on correctly? Some foam plugs should be rolled			
Are you updating used/old PPE that is no longer effective?			
Are you cleaning reusable PPE, like ear muffs?			
Are you performing routine maintenance on equipment to reduce excess noise? (such as rattling/clanging)			
Are you limiting exposure to hazardous levels of noise?			
Are high noise areas marked with warnings or signage?			
Are employees trained on PPE use?			
Are you storing PPE near machinery or areas where it should be worn?			
Have you had your hearing tested?			

Name of person completing safety check:\_

\_\_\_\_ Date completed:\_\_\_\_/\_\_\_/

The facts and information provided are suggestions for your safety, but are in no way a comprehensive and exhaustive list of all actions needed to insure your safety, and are not an endorsement of any products mentioned.

SEE PAGE 2 FOR SPACE TO LIST ADDITIONAL CHECKLIST ITEMS AND RECOMMENDED RESOURCES



## **HEARING PROTECTION**

Additional Hazards	Yes	Needs Correction	Date Corrected or Notes

## ADDITIONAL RESOURCES

Hearing Loss Prevention AgriSafe Network https://www.agrisafe.org/hearing-loss-prevention-resources

Hearing Loss Prevention Great Plains Center for Agricultural Health https://www.public-health.uiowa.edu/gpcah/outreach-2/topics/hearing-loss-prevention/

**Protect What's Yours - Hearing** Central States Center for Agricultural Safety and Health https://www.youtube.com/watch?v=NJTQgFGkRUc

Protect Your Hearing! On and Off the Farm Central States Center for Agricultural Safety and Health https://www.unmc.edu/publichealth/cscash/\_documents/outreach\_Hearing\_flyer\_June2015.pdf

**Protect Farmers' Hearing** Central States Center for Agricultural Safety and Health https://www.unmc.edu/publichealth/cscash/\_documents/FarmSafety-hearing.pdf

Protect Your Hearing in Noisy Places (elementary poster) Central States Center for Agricultural Safety and Health https://www.unmc.edu/publichealth/cscash/\_documents/Hearing\_Poster-elementary-April2016.pdf

For additional Farm Safety Check topics and resources, visit: http://umash.umn.edu/umash-farm-safety-check/

## To receive Farm Safety Check topics via email, join the UMASH email list at http://umash.umn.edu/join-our-email-list

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