



FARM SAFETY CHECK

HEAT RELATED ILLNESS SAFETY CHECKLIST

Farming is a profession where much of the work occurs outside and because of that farm workers can be exposed to extreme temperatures. Summer heat and humidity are vigorous weather conditions farm workers must face. To protect themselves, farm workers should be prepared, educated, and take the proper safety precautions to prevent heat related illnesses.

You and/or your employee(s) can use this form to complete safety checks on your farm. Use the form below to list additional safety checks you think are important when inspecting your farm. Keep the completed forms for follow-up, future reference and inspections. Additional copies of this form can be downloaded at: <http://umash.umn.edu/umash-farm-safety-check/>

Potential Hazard	Yes	Needs Correction	Date Corrected or Notes
Have all farm workers had training to prevent, recognize and treat heat related illness?	<input type="checkbox"/>	<input type="checkbox"/>	
Is there a plan for adjusting work schedules to ensure workers have sufficient breaks to prevent over-exerting themselves?	<input type="checkbox"/>	<input type="checkbox"/>	
Is there access to shade or cool resting locations?	<input type="checkbox"/>	<input type="checkbox"/>	
Is there a plan in place to have water readily available for the workers?	<input type="checkbox"/>	<input type="checkbox"/>	
Are workers being encouraged to drink one cup of water every fifteen to twenty minutes?	<input type="checkbox"/>	<input type="checkbox"/>	
Can workers explain their location if they need to seek medical attention?	<input type="checkbox"/>	<input type="checkbox"/>	
Are workers being acclimatized? In other words, are workers gradually increasing their exposure time in hot environmental conditions over a 7-14 day period?	<input type="checkbox"/>	<input type="checkbox"/>	
Are workers encouraged to watch out for one another for heat related illness symptoms?	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	

Name of person completing safety check: _____ Date completed: ___/___/___

SEE THE NEXT PAGE FOR ADDITIONAL RESOURCES



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Additional Hazards	Yes	Needs Correction	Date Corrected or Notes
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	

ADDITIONAL RESOURCES

Beat the Heat

Upper Midwest Agricultural Safety and Health Center

<http://umash.umn.edu/beat-the-heat/>

Heat Illness Prevention: Training Materials for Educators

Pacific Northwest Agricultural Safety and Health Center (PNASH)

http://deohs.washington.edu/pnash/heat_illness

Water. Rest. Shade.

Occupational Safety and Health Administration (OSHA)

https://www.osha.gov/SLTC/heatillness/osha_heattraining_guide_0411.pdf

Heat Stress

National Ag. Safety Database (NASD)

<http://nasdonline.org/137/d001702/heat-stress.html>

Heat Related Illness

AgriSafe Network

<https://www.agrisafe.org/heat-related-illnesses>

The facts and information provided are suggestions for your safety, but are in no way a comprehensive and exhaustive list of all actions needed to ensure your safety, and are not an endorsement of any products mentioned.

For additional Farm Safety Check topics and resources, visit: <http://umash.umn.edu/umash-farm-safety-check/>

To receive Farm Safety Check topics via email, join the UMASH email list at <http://umash.umn.edu/join-our-email-list>

The Upper Midwest Agricultural Safety and Health Center (UMASH) is a Center of Excellence in Agricultural Disease and Injury Research, Education, and Prevention funded by NIOSH cooperative agreement U54OH010170.

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