DON’T SPREAD GERMS - WASH YOUR HANDS!

6 Steps to Flush Germs Down the Drain

1. WET
2. SOAP
3. WASH FOR 20 SECONDS
4. RINSE
5. DRY
6. TURN OFF WATER WITH PAPER TOWEL

STOP GERMS!

1. DON’T TOUCH YOUR MOUTH
   That’s how germs get in your body and make you sick
2. KEEP FOOD AND DRINK OUT OF ANIMAL AREAS
   Including sippy cups, bottles, and pacifiers
3. CLOTHING AND SHOES
   Change your clothes and leave shoes at the door when you get home. Germs can “hitch a ride” on clothing and shoes.

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Kids under five, senior citizens, pregnant women and those with underlying medical conditions are at higher risk for more serious infections.

More resources available at: umash.umn.edu/agritourism