

# Invest in Your Health for Ag College Students

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# AgriSafe Network's Mission



 The Mission of the Network is to support a growing network of trained agricultural health and safety professionals that assure access to preventive service for farm and ranch families and the agricultural community.

# **Growing our Mission**

Local, State, National, International

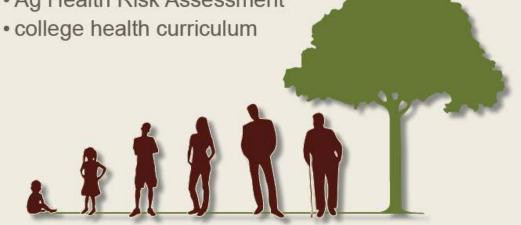




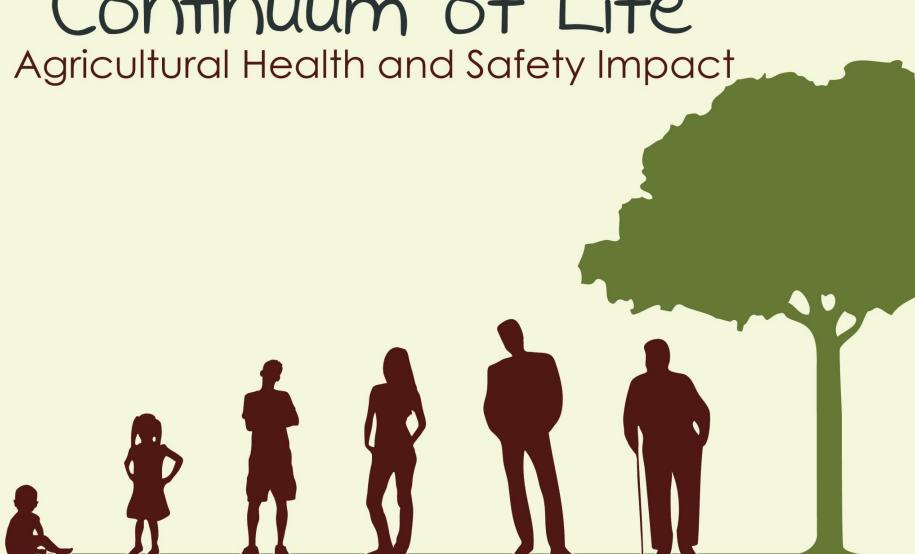
# Impact

AgriSafe shifts the quality of health care towards an occupational approach so that farmers can receive the same occupational health care afforded to other industries. Core components of AgriSafe's innovative occupational health initiatives are:

- clinical resources
- advanced training programs
- outreach services
- distance education
- Ag Health Risk Assessment



# Continuum of Life





# Ag College Program History

- Initiated in Iowa in 1995
- Spencer Hospital AgriSafe
   Program for Freshman Ag
   Students from 2 year
   Community College
- Health and Safety Education Program including screenings and PPE
- Cost \$ (\$125 per Student)
- Added to tuition as a student lab fee





# Invest In Your Health: AgriSafe Ag College Prevention Program

- Our goal is to empower Ag college students to recognize agricultural <u>health</u> and safety risks, and become their own health advocates.
  - Educate
  - Prevent
  - Protect
  - Sustain
- Our goal to expand statewide, nationally and internationally
  - Flexible
  - Adapt to existing curriculums



## Partnership

CHS provides direct funding and strategic planning





# Partnership

• 3M provides products and technical support





### Commitment

 CHS and 3M have a strong commitment to Stewardship

 Both CHS and 3M contribute through innovation and action not just funding.

#### Risks

- Tractors, Machinery
- Respiratory Hazards
- Chemicals
- Livestock
- Grain
- Sun Exposure
- Economic stress
- Lack of affordable health care
- Exposures from non-farm job

## Current AgriSafe Programs

- AgriSafe media connections (radio, TV, print)
- Baseline AgriSafe Health screenings
- Partnership with Community Ag Colleges
- Ag Health and Safety Education
- On Farm Safety Review
- Ag Health and Safety Education for Health Professionals; Webinars
- Selection of PPE
- Mental health screening
- Advocacy for comprehensive health coverage

# Young Adult Age 19-35

#### Behaviors

- Lack of experience
- Works alone
- Long work hours
- Sense of immortality
- Independent
- Self reliance for safety



Agricultural Health and Safety Impact





# **Priorities**















# **Program Details**



- Baseline Survey
- Health Screenings-by AgriSafe Health Professionals
  - Blood pressure
  - BMI
  - Hearing



# Highlights of Baseline Survey

- 70% male 30% female
- 47 % started helping on the farm between the ages of 5 to 8
- 91 % of students were performing farm tasks before the age of 14.
- 46 % have experienced respiratory symptoms related to
- agricultural exposures
- 75% never or only sometimes wear a respirator in a
- dusty environment
- 82% experience ringing in ears yet only 16% state they always wear hearing protection.



# **Program Details**



- Education
  - Power point presentation addressing agricultural hazards, prevention, use of PPE.
  - Education packet
  - Online Resources
- Start Up PPE Kit
  - 3M Personal Protective Equipment Packet
- Respirator Fit Test



#### **General Health and Wellness**



- Discussion of importance of general health wellness based on age
- Health screenings

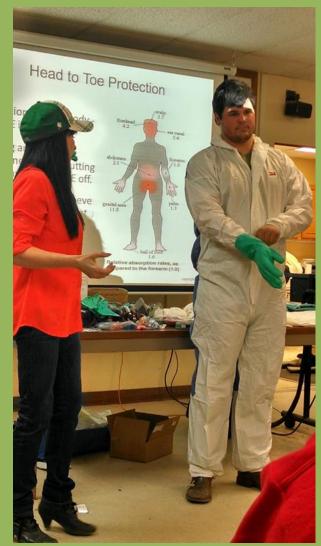




# Interactive









# Demonstration







# Engagement



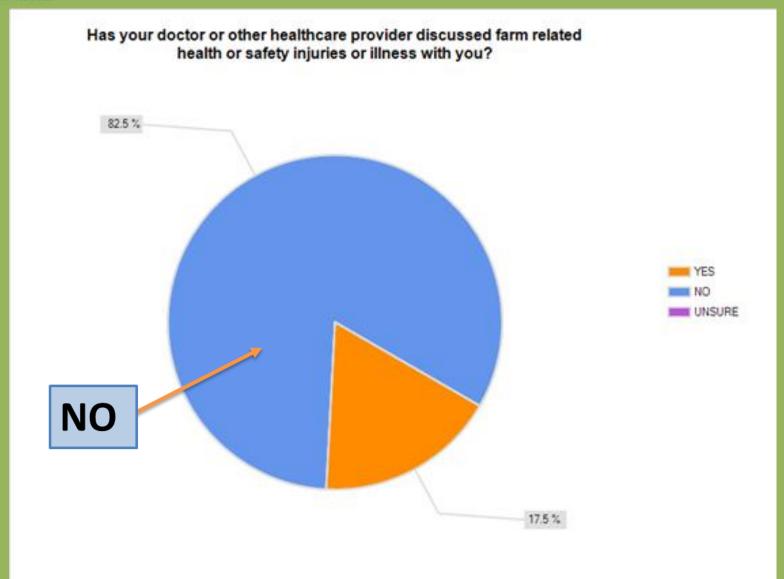




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#### Health Care Provider Role





#### **PPE**

#### **Head to Toe Protection**

- TyVek coverall
- Gloves (18 mil and 4ml disposable)
- Safety glasses
- Hearing plugs
- Foot protection
- 2 strap filtering face pieces (8511, 8271)
- Canister respirator face piece
- P100 pancake filters or cartridges





# Online Resources

College Health Tab

Safety Store



Home | About Us | Contact Us | Member Landing Page

College Health

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Agricultural Safety and Health

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College Health

#### Invest in Your Health AgriSafe Ag College Prevention Program

AgriSafe Network collaborates with two and four year agricultural colleges to provide AgriSafe occupational health and educational services designed for college Ag students. Our goal is to empower students to recognize agricultural health and safety risks and become their own health advocates.





#### Educate

Increasing knowledge to Improve Health & Safety



#### Protect

Empowering to Invest Now for Healthy Living in the Future



#### Prevent

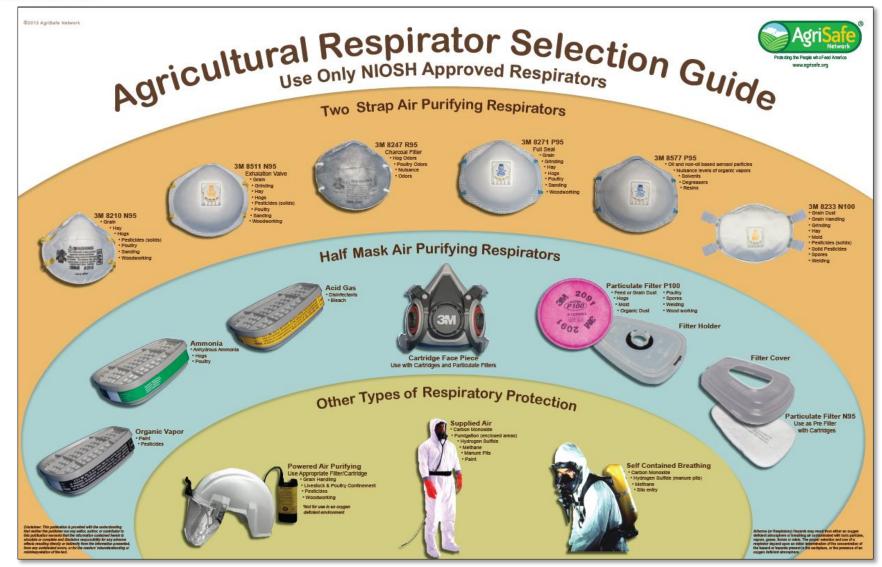
Selecting Safety Equipment that Protects from Head to Toe



#### Sustain

Assuring Access to Best Practices & Safety Standards











# **Impact**

- 79% have not worn a canister type respirator prior to the program.
- Following the educational presentation and demonstration - when given the option 80% of students voluntarily chose to receive a canister respirator.
- Reported reduction of symptoms
- Students returning to purchase PPE
- Family members of students seeking AgriSafe services and PPE
- Program accepted as part of course work



# Student Responses

"You told me if I wore this mask that I would stop coughing when I was in the hog barn. I have stopped and feel better. How can I get one of these for my father?"

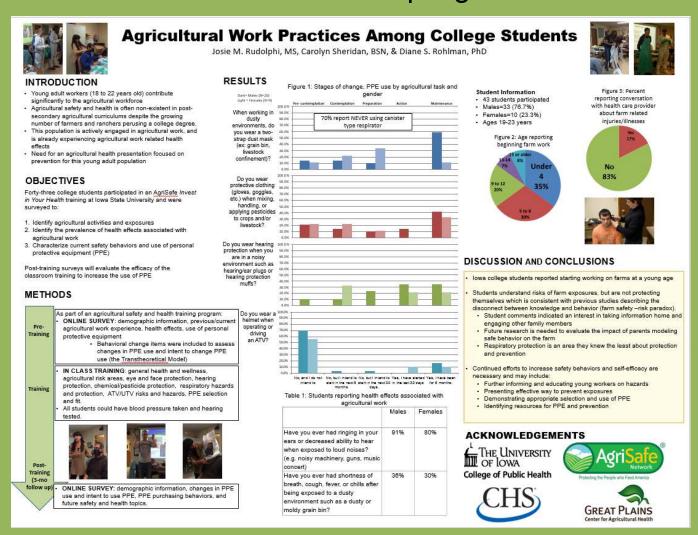
"By finding out all the common dangers of farming from loss of hearing, respiratory problems, and eye injuries I know now that safety has to come first."

"We would like to invite some local farmers to our next class- can we do that?"



## Partnership

#### Great Plains Center assists with program evaluation

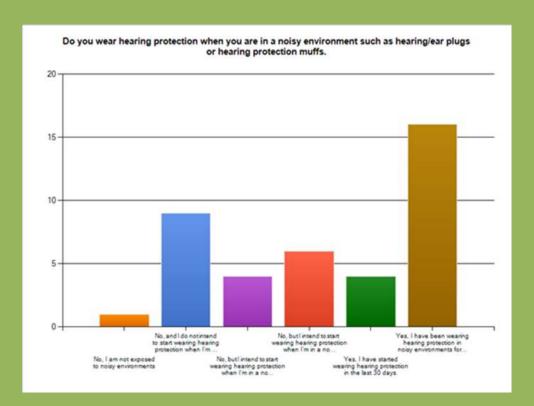




#### Stages of Change

	Males	Females
Have you ever had ringing in your ears or decreased ability to hear when exposed to loud noises? (e.g. noisy machinery, guns, music concert)	91%	80%
Have you ever had shortness of breath, cough, fever, or chills after being exposed to a dusty environment such as a dusty or moldy grain bin?	36%	30%

Students reporting health effects associated with agricultural work





#### **Evaluation**

- Partnership with faculty and students at the Great Plains Center
  - Development of pre and post test evaluation material
  - Data analysis and interpretation
  - Expand curriculum to develop effective health and safety information for this unique group of you ag workers





## **Evaluation**

- lowa college students reported starting working on farms at a young age
- Students understand risks of farm exposures, but are not protecting themselves which is consistent with previous studies describing the disconnect between knowledge and behavior (farm safety –risk paradox).
  - Student comments indicated an interest in taking information home and engaging other family members
  - Future research is needed to evaluate the impact of parents modeling safe behavior on the farm
  - Respiratory protection is an area they knew the least about protection and prevention
- Continued efforts to increase safety behaviors and self-efficacy are necessary and may include:
  - Further informing and educating young workers on hazards
  - Presenting effective way to prevent exposures
  - Demonstrating appropriate selection and use of PPE
  - Identifying resources for PPE and prevention



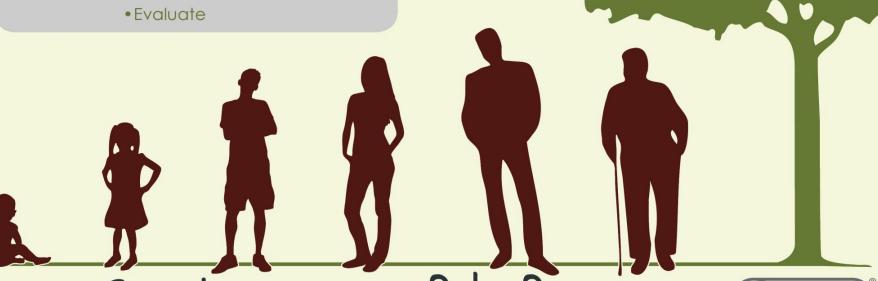
# Future Program Goals

- Program development
- Resource development
- Collaboration with new Ag colleges
- Collaboration with Nursing colleges
- Sustainable program in Ag colleges
- International Expansion
  - Canada

## Agricultural Health and Safety Impact

Goal: develop and implement programs for each age group in the continuum of life.

- Identify Risks
- Identify Needs
- Develop programs
- Collaborate
- Partner
- Implement



Continuum of Life





#### **Contact Information**



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